Meditation Room Policies

Meditation Room Guiding Principles

The Meditation Room is available to all UNC students, faculty, and staff at all times when the Carolina Union is open. Multiple individuals and groups may use the space at the same time, subject to fire code limitations. The space cannot be reserved by individual students or student groups for private events or occasions.

The Meditation Room’s purpose is stress reduction. As such, it is available for quiet contemplation, meditation, reflection, or prayer. We ask that you please refrain from any of the following activities that could potentially distract from the serenity of this environment, including:

- food and drink
- electronic devices (laptops, cell phones, tablets, etc.)
- photography
- excessive noise and conversation
- portable sound systems
- candle, incense, or any open/closed flame

Academic study, group meetings, and any other activity that conflicts with the intended use of the space, is prohibited.

Please return all materials to their original locations and remember to take your belongings as you exit the space. Storage areas are available for temporary use while using the room. Personal items of any sort may not be left in the room.

Please direct any questions or concerns to the Office of Event Services.

This policy follows the UNC-CH Facilities Use Policy

Source URL: https://carolinaunion.unc.edu/services/reserve-space/event-services-policies/meditation-room-policies