



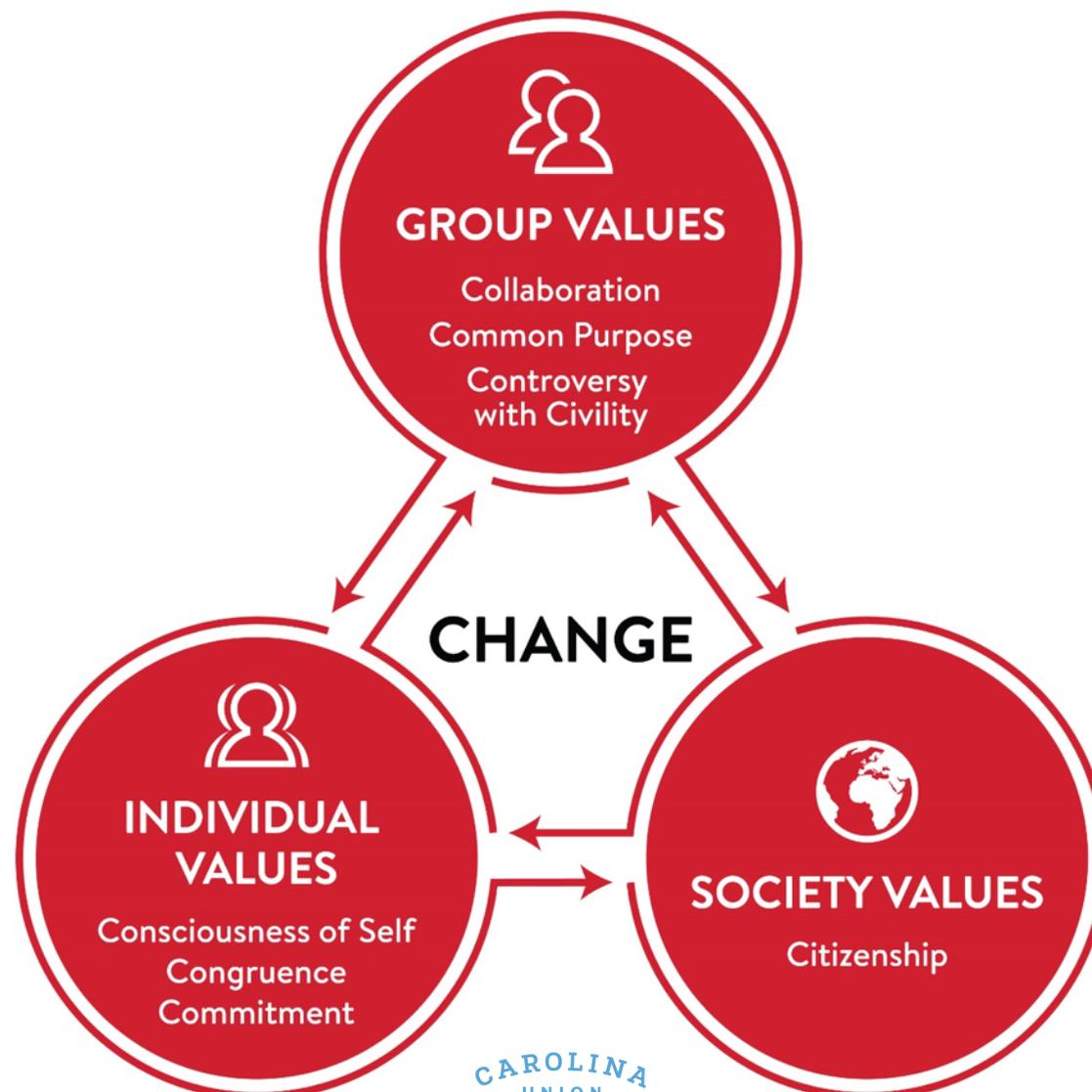
Leading With My Identity

MATERIALS NEEDED:

- A computer with wifi access
- Paper and a writing utensil
- Identity Wheel Worksheet
- About an hour's time
- An open and honest mind!

DEFINITIONS

The LEAD Workshop series is grounded in the principles of the social Change Model of Leadership and its 7 C's (See below). In the SCM, an individual can enter the process at any point: as an individual, as part of a group, or as a member of society. Within each component, you will find values that are important to creating change. Change is the hub which the SCM revolves around.





DIY

THE C'S FOR THIS WORKSHOP

Consciousness of Self

This workshop aims to prepare leaders to consciously understand and assert their needs as an act of respect for themselves, their peers, and their wider social circles. Students will be able to identify their needs and effectively communicate them to others.

Congruence

This workshop focuses on treating one's self with the same respect as one does to others; to do so is to display congruence of one's values across all people.

INSTRUCTIONS

- 1 Read through the list of social definitions.
- 2 Complete the Identity Wheel Worksheet
- 3 Take time to reflect on what you wrote for each space of the circle. Included below are some questions to help you examine and better understand your how your identity shapes your leadership style.

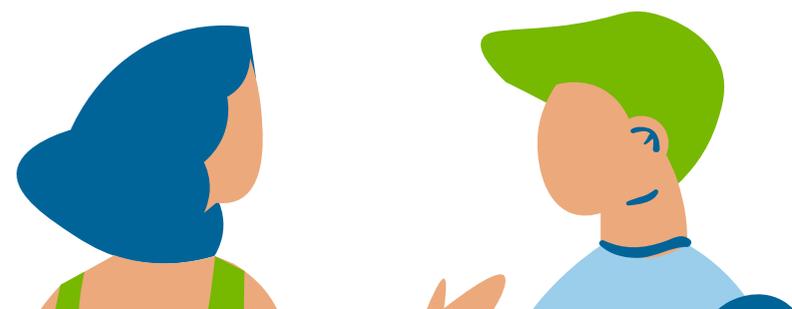
Social Identity Definitions



Gender: Socially constructed roles, behaviors, activities, and attributes that a given society considers appropriate for men, women, and gender nonconforming folks.

Sex: Separate from gender, this term refers to the cluster of biological, chromosomal and anatomical features associated with maleness and femaleness in the human body.

Sexual Orientation: Refers to the gender(s) that a person is emotionally, physically and romantically attracted to.



Social Identity Definitions



Ethnicity: Often based on a group of membership organized by similar traits, such as a common language, common heritage, and cultural similarities within the group.

Race: Described as a social construct. Often is used to describe a category of people who share certain inherited physical characteristics, such as skin color, facial features and stature.

Ability: The Americans with Disabilities Act defines disability as, "a physical or mental impairment that substantially limits one or more major life activities of the individual."

Social Identity Definitions



Class: The system of ordering a society in which people are divided into sets based on perceived social or economic status.

Sexuality: The quality of being concerned with the human spirit or soul as opposed to material or physical things.

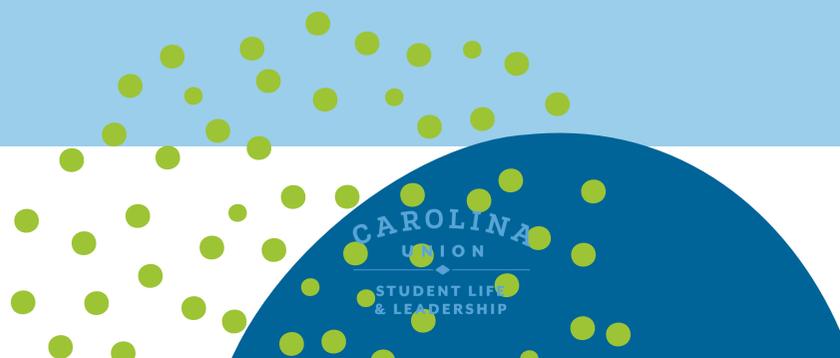
Nationality: The status of belonging to a particular nation.

Body Type: The physical makeup of one's body.



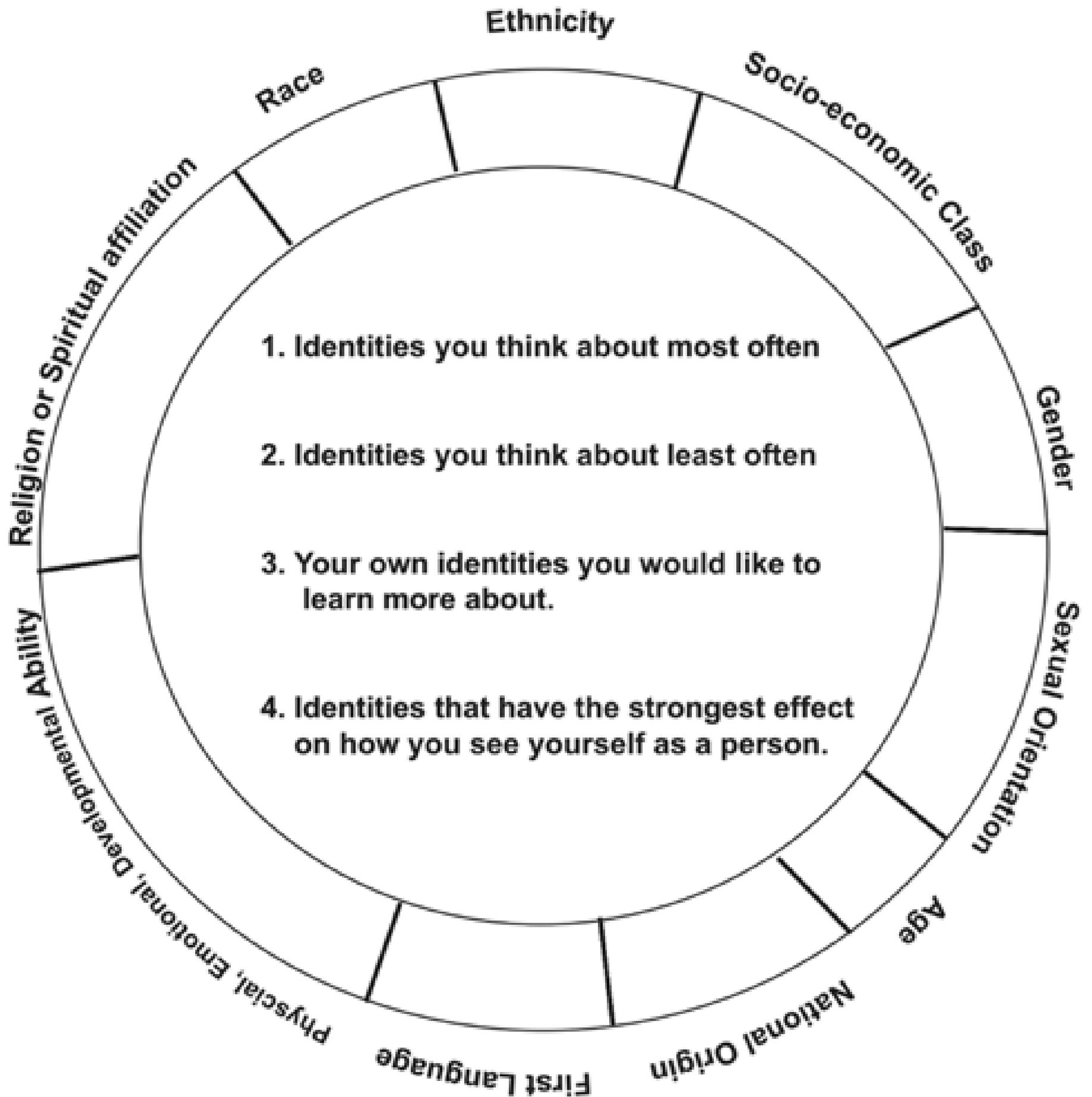
Identity Wheel

This activity is known as an identity wheel. Please fill out each section of the wheel. If there is a piece of your identity that is meaningful to you that is not represented in one of the sections, feel free to write that in the blank space.



Social Identity Wheel

(Adapted from "Voices of Discovery", Intergroup Relations Center, Arizona State University)



REFLECTION POINT



DIY

What identities are you most aware of? Why?

What identities are you least aware of? Why?

What part of your identity are you most proud of?

What part of your identity did you struggle the most with growing up?

What part of your identity is the most important to you?

For what part of your identity do you feel you receive privilege for most often?

What part of your identity do you see having the most effect on your interactions with peers?



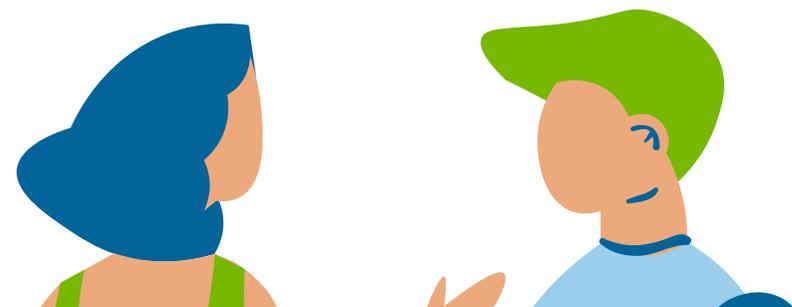
Why Is It Important?



Self-awareness is extremely important!
Knowing how your identities impact you can help you improve as a leader.

By getting to know and understand yourself you can seek opportunities that will help you thrive as a leader and team member.

You may discover certain identities are more salient than others and by recognizing them, you can be work to understand where your areas of privilege lie which will help you be the best leader you can be!



APPLY YOUR LEARNING

Places to be aware of how your identity impacts interactions you have and spaces you enter.

1. In the classroom or in meetings
2. When you are working with someone new or different
3. When you applying for job opportunities
4. Mediating conflicts and misunderstandings
5. When you get something wrong
6. Basically, anywhere!



Leading With My Identity

Visit go.unc.edu/LEADDIY to track your completion