

# Leadership Consultations

Part of the leadership development process is understanding yourself: what drives/motivates you, how you work with others and how you can improve. The Office of Student Life & Leadership offers many free consulting opportunities for you to better understand yourself, your work style and how to better interact with your classmates and coworkers.

## CliftonStrengths

The [CliftonStrengths](#) assessment helps identify the areas where you have the greatest potential for building strength. It measures recurring patterns of thought, feeling and behavior. This consultation helps individuals improve leadership skills, maximize talents to achieve success, empower self and others and make positive contributions to impact the world around them.

[Request your free assessment](#)

## Myers-Briggs Type Indicator (MBTI)

The [Myers-Briggs Type Indicator](#)® (MBTI®) assessment will help you get to know yourself better, enhance your interpersonal skills, have better relationships with family, friends, and coworkers and make better choices in your life. It will help you become the best version of yourself you can be.

[Request a free assessment](#)

## Student Organization Consulting

SLL wants to help student organization officers prepare for the changes the university and students will be facing in the 2020-2021 school year and beyond. Schedule a free consultation to get insight and assistance on programming, elections, governing documents, meetings and more. Many things will look different moving forward, and we want to help you prepare.

[Request a free consulting session](#)

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