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Workshop 5: Speak Up!

Have you ever wondered where you fell on a scale of assertiveness? Would you consider yourself a more passive or more aggressive communicator when it comes to getting your point across and being heard (or not)? This LEAD DIY gives you the opportunity to quantify how assertive you are and helps you get closer to being a balanced communicator and leader through activities with your friends!

Get started understanding how assertive you are:  [Assertiveness LEAD.pdf](#)

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