Welcome Back to Carolina!

Welcome back to Carolina, everybody! As you get settled into campus, you may not be aware of all the great spaces and resources your Carolina Union has to offer. We hope you will come by often and use all the Union's great amenities and services!

We are home to the office of Student Life & Leadership [1], which supports Carolina's 800+ student organizations and hosts programs that help students hone leadership skills. Our office of Event Services [2] helps student organizations and University departments plan and host events within our facility and around campus. Communications & Creative Services [3] helps student organizations and University departments tell their unique stories through design, photography, videography and more. And our office of Fraternity & Sorority Life [4] oversees the 61 fraternity and sorority organizations at Carolina.

Please visit our In the Union [5] page for a complete rundown of what's in our facility, and check out some of our more popular spots below:

Our West Lounge is right inside our main entrance features Alpine Cafe and has newly-updated seating. Grab a sandwich and coffee, and settle in to do some work or chat with friends. Upstairs, you will find the Aquarium Lounge, as well as other nooks that are a great place for quiet study or relaxing.

Our Art Gallery is in Room 2200 (this is on the side of the Union that's closest to Davis Library, right by our Welcome Desk). We invite you to walk around and not only see the pieces in this room, but also the numerous works throughout the Union. The Gift is one
of our favorites -- it forms the walkway facing Student Stores, and is a brick mosaic created by Senora Lynch of the Haliwa-Saponi Indian Tribe.

The Union's ground floor is dominated by The Underground, one of our largest and most engaging areas! Collaboration spaces are right by the foot of the stairs and feature AV-equipped conference tables, while treadmill desks are located at the back. The Meditation Room sits in the very back of The Underground in room 1101A (and it's cold, so bring a sweater!), while ping pong and pool tables are joined by a brand new video gaming area.

As a major bonus, day lockers are available free of charge to any UNC student! Just make sure you get your stuff at the end of the day since they're cleaned out every night around 11pm.

The Union offers gender-neutral restrooms to all students, faculty, and staff, which are located by Wendy's. The Union provides a lactation room for parents to nurse their children and also contains a changing table and rocking chair. This is room 3200 on the third floor near the Aquarium Lounge.

We hope that knowing a bit more about the amenities offered here helps you settle in a little faster. Knowing what you have access to is just the start and we hope that you all make great memories here in the Union the coming semester and years!