Enjoy LDOC 2022 With Many Planned Festivities

Ready to celebrate the end to the academic year? Carolina will once again be abuzz
with festivities for Last Day of Classes (LDOC) celebrations on April 27.

Games, food, films, giveaways and outdoor recreation are part of this year's LDOC fun-filled lineup for Carolina students. Bring your One Card to ensure access to all events!

And if you're a student, please help improve future LDOC celebrations by taking a short survey [1]!

New events are being added on Heel Life [2]! Here are just a few highlights:

• **CUAB’s LDOC Candyland Carnival in The Pit** [3]
  
  ○ Come celebrate LDOC with CUAB from 11 a.m. to 3 p.m., in The Pit and Gift Plaza! Students can enjoy free food, inflatable games, street-sign making, tie-dyeing, prizes, and much more!

• **LDOC at the CGA (Carolina Gaming Arena)**
  
  ○ 8 p.m. - 11 p.m. Insomnia cookies and pizza plus online gaming!

• **RHA’s Stress Less Fest**
  
  ○ 2 p.m. - 4 p.m. at the Morrison Basketball Court and Art Studio. RHA is ready to craft the stress away at the Morrison Art Studio!

• **LDOC S.N.A.C.K.S. Pack Giveaway** [4]
  
  ○ CUAB, hha! and Student Wellness are supplying Sleep Kits for pick-up at the CUAB Front Desk! Kits include: eye masks, earplugs, sleepytime tea bag, sanitizer, lavender wipes, stickers, and info on sleep hygiene inside a nifty pencil pouch. There is also a chance to enter a raffle for a JBL speaker if you fill out the survey to let us know your feedback.
Carolina After Dark: Movie and Activities Night

8 p.m. - 11 p.m. at the Belltower Amphitheater. Calling All Students! Carolina After Dark is hosting a late night LDOC event and private movie showing of Charlie and the Chocolate Factory. Come enjoy yard games, food, a Photo Booth, and succulent terrarium workshops to celebrate the end of the semester!

Celebrate LDOC Safely

With the excitement that comes from being able to gather without as many COVID-19 restrictions as we experienced in months past, among many other milestones to celebrate, we encourage everyone in the Tar Heel community to continue looking out for one another. Part of connecting with each other is also looking out for each other. That's why on LDOC, and every day of the year, we are reminded how each of us can build a community of care through being an active bystander.

Being an active bystander means you are observing the environment around you in anticipation of taking action, rather than just expecting someone else will. As we begin re-building our physical connections, we have the opportunity to intervene in potentially harmful or dangerous situations in person or online. If you see a member of our community needing support, it is important to reach out and try to help. If we are all active bystanders, we will create a community that promotes healthy values, where we can depend on each other.

We have posted some ways you can help ensure the safety and wellness of all Tar Heels on LDOC and throughout exams at the Heels Care Network website.

No matter how you celebrate LDOC, take time to reflect on the year, center your well-being and support your fellow Tar Heels.

Happy LDOC!


Links
[1] https://baseline.campuslabs.com/p/Project.aspx?q=e602aa5aaec12518eab61ffccb368b426f7bf3947a20730ca5833d899-470b-bbe8-d469508c27df
[3] https://heellife.unc.edu/event/8052632
[5] https://heellife.unc.edu/event/8063492